

### Community services/organisations:

- **Stronger Communities** is an independent charity which works to make communities safer, support victims of crime and create opportunities to change people's lives for the better. More details [here](#).
- **Change Grow Live (CGL)** is a national charity that can help with challenges including drugs, alcohol, housing, health and wellbeing. More details [here](#).
- **Age UK Teesside** is a charity which supports older people across the four boroughs of Hartlepool, Stockton, Middlesbrough and Redcar & Cleveland. More details [here](#).
- **Ageing Better Middlesbrough** aims to reduce loneliness and social isolation for people aged 50 and over by inspiring them to live their lives how they want to and find joy in company and activity. More details [here](#).
- **Middlesbrough and Stockton Mind** is the leading local mental health charity in Teesside and it's our mission that everyone in our local area has good mental health. More details [here](#).
- **Middlesbrough Central Library** is located in the cultural quarter of Middlesbrough, on Centre Square. More details [here](#).
- **Middlesbrough Environment City** is a charity dedicated to promoting healthy and sustainable living using the ten principles of One Planet Living. More details [here](#).
- **Middlesbrough Football Club Foundation** is the Club's independent charity. They use the power of the MFC brand to engage with the community to provide opportunities for disadvantaged young people and adults to maximise their potential to achieve. More details [here](#).
- **Newport Settlement Community HUB** provides information and advice on education, volunteering, housing issues, plus support from the Wednesday Work Club provided by Middlesbrough Community Learning and free computer access from Middlesbrough Libraries service is available 9am to 4:30pm, weekdays only. More details [here](#).
- **The Victim Care and Advice Service (VCAS)** provide free, independent and confidential support for them and their families throughout the Cleveland and Durham areas. More details [here](#).
- **Barefoot Kitchen CIC** is a social enterprise that works at the grassroots level to create revolutionary, regenerative and resilient communities in the Tees Valley through food growing, cooking and sharing initiatives. More details [here](#).

### Faith and belief organisations:

- **The Abu Bakr Mosque and Cultural Centre** is a well-known and established organisation registered as a charity under the name of the Muslim Federation Cleveland. More details [here](#).
- **Gurdwara Sri Guru Harkrishan Sahib Ji** (Middlesbrough Sikh Temple) is situated at 23 Lorne Street, Middlesbrough, TS1 5QY. You can contact the Temple on 01642 250125.

### Race and ethnicity services/organisations

- **Ethnic Minority Achievement Team (EMAT)** is a team of professionals including teachers, teaching assistants, an educational welfare officer, and a family support worker based in the Middlesbrough area. More details [here](#).

- **The Halo Project** provides support to victims of honour based violence and forced marriages). More details [here](#).
- **STEPS Tees** works with new migrants to help build bridges and improve relationships within the community. You can email [abidanayyar@yahoo.ca](mailto:abidanayyar@yahoo.ca) to find out more.
- **Tees Valley Asian Welfare Forum (TVAWF)** is a registered charity that provides support, information and an opportunity to share experiences for older people in the BME community. You can email [Aneeka.tvawf@yahoo.com](mailto:Aneeka.tvawf@yahoo.com) to find out more.
- **Ubuntu Multicultural Centre CIC** is a place where African, Asian and Minority Ethnic groups will feel home to come and get valuable information about the way of life in the UK. More details [here](#).

### Local art organisations

- **MIMA (Middlesbrough Institute of Modern Art)** has a civic agenda to put art into action. They work with communities to address current issues within politics, economics and culture, with programmes encompassing urgent themes such as climate change, migration, inequality, ageing and wellbeing. More details [here](#).
- **The Newmarch Workshops.** Carol Newmarch is a practising artist and designer with a workshop based at Athol Street, Middlesbrough which regularly hosts community events and activities. More details [here](#).

### Youth organisations:

- **Linx** run open access youth clubs Monday - Friday across different wards in Middlesbrough for young people aged 10-19 (and up to 25 with Special Educational Needs). More details [here](#).
- **Musinc** provides access to high quality music making for young people in the Tees Valley. Our mission is to put music at the centre of young people's lives and young people at the centre of music making. More details [here](#).
- **Myplace** is a venue and activity centre for young people in Middlesbrough. It has amazing facilities and opportunities for young people including a theatre, TV and recording studio, internet café, alcohol free nightclub, sensory room and amphitheatre. More details [here](#).
- **The Junction Foundation** is a local based charity which exists to make a difference to the lives of children, young people and their families. More details [here](#).